

<b>Course Name : KT3 Standardized Syllabus ( Course Code - Kinesio fill out )</b>
<b>Course Date :</b>
<b>Course Place :</b>
<b>Instructor Name :</b>

Time	Necessary Time	Application/Condition	Instructor	Region	Symptom
8:00	20	Success Stories, Troubleshooting and Questions			Database, Instructor Lecture, Demonstration
8:20	20	Evaluation Questions, Assessments, & KT1 / 2 Review			Database, Instructor Lecture, Demonstration
8:40	15	Clinical Concepts: Shoulder Impingement		Shoulder	Database, Instructor Lecture, Demonstration
8:55	20	Shoulder Impingement Lab		Supraspinatus, Deltoid and Mechanical Correction	Shoulder Dysfunction/Rotator Cuff Impingement
9:15	10	Clinical Concepts: Whiplash / Cervical Pain		Neck / Upper Back	Database, Instructor Lecture, Demonstration
9:25	15	Whiplash / Cervical Pain Lab		Cervical Paraspinals, Upper Trapezius, Ligament Correction	Cervical Pain (Whiplash)
9:40	10	Clinical Concepts: Chondromalacia Patella		Knee	Database, Instructor Lecture, Demonstration
9:50	15	Chondromalacia Patella Lab		Vastus Medialis Oblique Facilitation, Space Correction	Knee Effusion
10:05	15	Break			
10:20	10	KT3 Advanced Concept: Fascial Correction: Manual Glide			Database, Instructor Lecture, Demonstration
10:30	15	Manual Fascial Glide Lab		Multiple Body Regions	Lab
10:45	10	KT3 Advanced Concept: "Basket Weave" Technique			Database, Instructor Lecture, Demonstration
10:55	15	Basket Weave (Closed Ended) Lab		Multiple Body Regions	Lab
11:10	15	Intro to Kinesio Scar Tapings			Database, Instructor Lecture, Demonstration
11:25	10	Scar Management "Directional Pull Application"			
11:35	10	Scar Management "Pitting Scars"			Database, Instructor Lecture, Demonstration

